

FOR IMMEDIATE RELEASE

VIKINGS SELECT LINVAL JOSEPH AS 2019 ED BLOCK COURAGE AWARD RECIPIENT

Eagan, Minn. (December 17, 2019) – Vikings DT **Linval Joseph** has been named the club’s **2019 Ed Block Courage Award** recipient. A second-year team captain, Joseph regularly attends Vikings community initiatives and has been particularly active in anti-bullying efforts. The 10th-year player earns the recognition for the first time in his career.

Since 1984 the Ed Block Courage Awards annually honors one player from every NFL team who exemplifies commitment to the principles of sportsmanship and courage. Recipients are selected by their teammates to recognize both on and off the field extra efforts and their ability to overcome great adversity, whether it be personal or professional. The Ed Block Courage Award is named in honor of Ed Block, the longtime head athletic trainer of the Baltimore Colts. Winners travel to Baltimore every March to receive their trophy at a gala in their honor and spend time at the local Courage House at St. Vincent’s Center, a facility specializing in working with abused children. This visit, and the time spent with the children, allows each recipient to fully comprehend the true meaning of the award.

For more information on the Ed Block Courage Award Foundation, visit www.edblock.org.

Vikings Ed Block Courage Award Honorees

Linval Joseph2019	Chad Greenway 2007	John Randle.....1995
Everson Griffen.....2018	Matt Birk.....2006	Cris Carter1994
Kyle Rudolph.....2017	Koren Robinson..... 2005	Henry Thomas1993
Teddy Bridgewater.....2016	Corey Chavous..... 2004	Darrin Nelson.....1992
Phil Loadholt.....2015	Eric Kelly 2003	Terry Allen1991
Greg Jennings.....2014	Lewis Kelly 2002	Gary Zimmerman 1990
Kevin Williams.....2013	Daunte Culpepper 2001	Jim Gustafson..... 1989
Adrian Peterson2012	Gary Anderson 2000	Leo Lewis.....1988
Anthony Herrera.....2011	Robert Griffith..... 1999	Scott Studwell1987
Cedric Griffin 2010	Randall Cunningham..... 1998	Walker Lee Ashley1986
E.J. Henderson..... 2009	Robert Smith 1997	Keith Nord.....1985
Kenechi Udeze 2008	Scottie Graham 1996	Steve Riley.....1984